



Date: April 2010
To: Utterly Sophisticated and Savvy Travelers
From: Teresa Beall Expeditions

We're just back from an outstanding trip to **ISTANBUL AND CAPPADOCIA, TURKEY**. We admired mosques that are the most sublime architectural expressions of Islamic piety... we peered into sultans' harems... we hunted for bargains in the Grand Bazaar... we inhaled the fragrances of the exotic East at the Egyptian Spice Market... we dined on delicious meza platters... we felt the wind beneath our wings on a cruise on the Bosphorus... we witnessed dervishes whirl... we hot air ballooned over the Cappadocia Valley... we spelunked deep down (8 stories down) through underground cities in Goreme where the Christians fled to escape persecution under the Romans... we slept in interesting and beautiful "cave hotels"... we hiked through fairy chimneys and Uchisar pinnacles... we "bathed" in a 14th century hammam (Turkish steam bathhouse)... and some of us even returned on a flying carpet (in our carry on luggage). It was amazing! If you feel the urge to head to new Constantinople, let me be the first to encourage you to proceed. Call me and I'll help you with travel logistics. Having been there a couple of times personally, we know it pretty well.

Next stop: Pack your bags and join us on our TBE Summer Splash to Mexico (August 26 – September 2). There is still limited space! **OAXACA, MEXICO** is every bit as complex as the mole sauce it is famous for – a mixture of ingredients that while very different, fuse into one amazing end product. It is stately and stands with proud Zapotec roots and a Spanish colonial gloss, yet the streets are filled with unmistakably indigenous Indian faces. Equally cosmopolitan, but far more tranquil than Mexico City, Oaxaca is one of the country's best destinations for gastronomy and is also becoming the artistic capital of Mexico, drawing traditional artists from around the country. It is difficult to find a block in the Centro Historico without a fabulous café or an art gallery, many of them showcases for striking abstract and expressionist works, as well as indigenous folk art, weavings, local black pottery, wood carvings, textiles, and other handicrafts. Oaxaca is also where celebrity chefs, Rick Bayless, Bobby Flay and Alice Waters, often come for inspiration. Our TBE group is priced at \$749 pp and includes unique accommodations at a lovely inn in Oaxaca City with daily gourmet breakfasts, airport ground transfers, two half-day tours (one half day walking tour in Oaxaca City, and one full day tour to some surrounding local villages), a unique Oaxacan market visit and culinary class, and a traditional Temazcal adobe steam bath. Currently flights are only \$420 pp out of San Francisco, with other USA gateways similarly priced – making for a terrific week long summer splash deal for \$1169 pp. For more details, link to: <http://www.teresabeall.com/groupflyers/oaxaca2010.pdf>

Still under construction: **MONTREAL AND QUEBEC CITY, CANADA** for Fall foliage (October 7-13). Visiting Montreal is like going to Paris without the jet lag. The crooked streets of Old Montreal feel distinctly European where the locals take their French seriously. And, Quebec City is proudly dated and lovingly maintained with charm to spare, particularly within the walls of the Old Town and in the Lower Town tucked between those walls and the St. Lawrence River. We'll spend three nights in each city, traveling between by way of cruise along the St. Lawrence River in one direction and by rail journey on the return. To a Yankee, Quebec province may seem all European, but there is no place like this in Europe. There is nothing else like it in North America, either. And that's reason enough to go. That, and the fabulous Fall Foliage! Stay tuned for details.

We do sincerely appreciate your business. Call us to help you orchestrate any or all of your travel arrangements for 2010 and beyond. Getting the word out on recent travel specials and uber special organized group expeditions is important to us. If you find the information in this e-newsletter helpful, let a friend know and encourage them to call our office (or visit us at www.teresabeall.com) if we can be of service. After all, sooner or later everyone needs a vacation. And, don't forget us for simple itineraries too – we serve up delicious independent journeys (short or long).

Happy Traveling, Teresa

NOTE – Each month we send out e-newsletters containing timely announcements, notices and tips intended as useful, up-to-the-minute information for discriminating domestic and international travelers – you, our clients. If you are not interested, please let us know and we'll promptly remove you from our list!

"Travel is more than the seeing of sights; it is a change that goes on, deep and permanent, in the ideas of living." – Miriam Beard

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